



Location: Break Espresso

Time: 7am

Members Present:

AM-Anthony Brown, Keith Hardin, Maria Zepeda, Jack Stob, Iris Jandreau

PM: Jeff Ducklow, Ken Grinde, Jackson Holte, Charlie Pickett, Daniel Curry, Anthony Brown, Maria Zepeda, Aerial Martens

NEW LOCATION & EVENING TIME

NEXT GENERAL BODY MEETING: Jan. 7th 7-8 am & 8:30-9:30 pm @ Missoula Senior Center

UPDATES:

- **Application for nonprofit status in January. Before we apply we need an accountant to examine 2020 predictions.**
 - We specifically are in search of an accountant who specializes in non profits.
- **Holding a meeting in January with venue representatives to discuss licensing through BMI/ASCAP/ SEASAC**
 - **Playing covers - via live events, tv and/or radio puts venues at risk of fines from above organizations**
 - **Keith Hardin agreed research the topic.**
 - **Any individuals with information on the topic, please reach out**
 - **Anthony contacting Rick Tvidt about lisencing**
- **The Roxy Theatre is expanded to the building next door in order to have a fourth screen. This space could also double as an event area.**
- **What if the MAMA space was a house?**
 - **It would have to be a large house, there could be tenants, backyard gatherings and/or living room circles**

- In order to host “house concerts”/”house shows” we would need insurance.
- Jack suggested we could have our space in any time of building but set it up to look like a house, with couches and a coffee table, etc.
- **December Wellness Series starts Dec 3rd Mind, Body, Spirit at the Senior Citizen Center**
 - **December 10th Mind, 5 pm @ Missoula Senior Center**
 - **Led by Bryan Jae**
 - **December 17th Body, 5 pm @ Missoula Senior Center**
 - **Dance and Singing Circle led by Jocie Collins and Heather Adams**
 - **December 24th Spirit, 6:30 pm @ Gentry House 2021 S 11th St West Missoula, MT 59801**
- **We had 100-150 (estimate) attend MAMA's 1st event. (our counter was swept up in the wave of a good time) We were just under our goal of 1500 from the event AND last minute hit our 30 legacy members to fund the night.**
- **MAMA Presents: Resolutions for First Night Missoula**
 - **Valley Lopez, Naomi Siegel, Rebecca Kelley, Paige Grey, Hardwood Heart, Red Onion Purple hosted by Jackson Holte**
- **Shared the 10 year plan**

MAMA connects & teaches:

- 1. Help U of M students foster connection within the campus AND the community. Creating opportunities for credit, internships, and career paths for students. Building a network of baby MAMA across MT**
- 2. Series of workshops under the MAMA Academy launching spring of 2020.**
- 3. By 2029 we will have a series of chapters across Montana that aid in our mission to create a hub for artists to collaborate, tour, teach, and learn. We will start in Bozeman, Helena, Flathead Valley, and Billings. Looking to broaden our contacts and connections.**
 - **If you have contacts in these areas, please reach out to us.**
- 4. Building the database comprised of artists in Montana. We will share with you the different forms that Callie has created so that you have access to add individuals in the appropriate category.**
 - **Will be launched in January with new website**

MAMA Presents:

- 1. Partnerships with Songwriters Circle: Missoula & Love Missoula to bring artists and community together for a night of intentional listening and fair wages, all finished before 10 pm. Looking to connect other forms of entertainment to**

host events such as: comedy, theatrical, educational?? Could go a variety of different ways.

- a. We are in search of a new location to hold this event, preferably a quiet space.

In addition to these events, MAMA will host four annual events:

1. Spring “MAMA GROWS”- to grow & network
 - Speed dating for artists looking to collaborate.
 - Educational Panels
 - Conferences
 - Majority of Workshops
2. Summer “MAMA SHINES”- to gather & celebrate
 - Block party
 - Park takeover
 - Festival
3. Fall “MAMA GIVES”- to recognize & uplift
 - Award show
 - Annual MAMA Anniversary Event
4. Winter “MAMA LEARNS” - to build & strategize
 - Focus on monthly events
 - Analyze and create annual reports
 - Create budget for following year

MAMA Approves

- A stamp of approval given to artists & venues as a way to ensure a professional relationship between the artist and the venue, the artist and the audience, the venue and the patrons, and the artist and the artist.
 - “S.I.S.T.E.R”
 - **Safe** - MMYM Missoula certified
 - **Inclusive** - No tolerance for discrimination
 - **Supportive** - Connecting to community
 - **Timely**- Maintain Professionalism
 - **Equal Opportunity** - Promoting diversity and fair wages
 - **Respectful** - Be good to eachother

MAMA Pays

Livable wages for MAMA team, artists and educators.

MAMA Gives

At the end of each fiscal year a portion of MAMA funds will be donated back to the music community, music programs, music venues, and scholarships for artists to join our academy.

And by volunteering you can trade hours for studio time, workshops, and other learning opportunities.

MAMA Needs

- A space
 - We are trying to find a physical space to base the organization in focusing on rent being covered for 2020 so we are able to put attention on our other efforts and pay artists what they deserve.
- The volunteer positions we are looking to fill include:
 - Financial Officer
 - Accountant for nonprofit applications
 - Brand ambassador come springtime
 - 2-3 person Event Coordinating Team
 - 2-3 person fundraising team
- 406 individuals to donate \$10 to fund MAMA academy
- 406 members by Dec 31st
- Grants/local businesses sponsor a student/teacher for MAMA Academy to launch spring of 2020

WELLNESS:

AM: How do you take care of yourself?

- Get up and do the necessary work, eats well, travel as much as possible, and practices the idea of not projecting harm or anger on others by avoiding quick verbal reactions. When feeling bad, look at the news to help re-realize they "could be much worse off."
- Follow up from last meeting prompt, "write in a new way" Keith wrote a Metallica sounding song.
- Advice Keith would give to a creative person, possibly a song writer, to get through the winter, the dark months: to play with others and collaborate
 - Some individuals require greater amounts of affirmation from others. Those people may need more collaboration

PM response to taking care of yourself:

- Vitamin D
- Hotsprings w/in 15 days
- Eat well, cut out sugar

- Bikram Yoga
- Stay busy & accountable
- Schedule a day without any obligations
- Get outside when you can
- Play with other people
- Read old journals to gain perspective
- Reading plays with friends
 - Suggestions The Foreigner, A Delicate Balance
- Repair equipment
- Soft, friendly deadlines
- Ken is looking for individuals to play basketball
- Call old friends, family, call your MAMA
- Comfort food
- Create morning routines, coffee, journal, walk outside
- Crafting
- Get together with friends
- Be vulnerable, don't bullshit mental health

Monthly challenge: Be vulnerable in a way that you haven't before. See how it could impact you. Share at next general body meeting on Jan 7th.

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